

# District Health Department No. 4



For Immediate Release  
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## District Health Department No. Reminds Area Residents to Stay Safe During the Easter Holiday

District Health Department No. 4 (DHD4) would like to remind area residents that the traditional family gatherings that typically occur at this time of year are highly discouraged to help aid in stopping the spread of COVID-19. While the number of cases in the jurisdiction remains low at this time, DHD4 cannot express enough the importance of following the Governor's "Stay Home, Stay Safe" Executive Order. As testing continues in the area, the number of COVID positive individuals will increase.

The Easter season is a popular time for family traditions and gatherings. Keeping in mind that COVID-19 can spread before there are any symptoms of illness, it is so important to avoid any traditions that include gathering with family and friends who do not live with you. These events include gathering for special services, Easter egg hunts, parades, boat rides, sporting events, etc. Connect with loved ones virtually. Set up an internet connection and plan to be online together as you each eat your Easter dinner in your own home. Start a contest with your family or friends over the most creative ideas to connect virtually.

Denise Bryan, Health Officer at DHD4 states "this is a temporary situation and the more compliant everyone is with recommendations the less time people will have to continue avoiding the public in the future. We must understand that a person can be spreading the virus before any symptoms appear."

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