

District Health Department No. 4



For Immediate Release
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District Health Department No. 4 Reports First Positive COVID -19 in Presque Isle County

District Health Department No 4 (DHD4) is reporting the first positive case for coronavirus disease 2019 (COVID-19) from a resident of Presque Isle County.

The Health Department has been quickly working with the individual, an adult female in isolation and recuperating at a residence, to identify and contact anyone potentially exposed and will monitor them for symptoms.

Medical Director, Dr. Josh Meyerson stated, "We are hoping that this individual has a complete recovery. We also are beginning to see evidence of community spread and therefore, community mitigation and prevention strategies are even more imperative."

Please continue to take these preventative measures:

- **Cleaning your hands often. Scrubbing with soap for at least 20 seconds. Using hand sanitizer if you cannot wash.**
- **Avoiding close contact with people who are sick.**
- **Staying home when you are sick**, except to get medical care. Call ahead before going to your healthcare provider.
- **Covering your cough or sneeze** with a tissue, then throwing the tissue in the trash. Immediately wash your hands.
- **Cleaning and disinfecting frequently-touched surfaces.**
- **Following the Governor's orders and recommendations to limit gatherings.**

COVID-19 is spreading community wide throughout Michigan and surrounding areas. If you do not have a confirmed case in your county, you should still assume it is present in your community. While it is possible that there are COVID-19 cases in every community that have not been confirmed, DHD4 can only report confirmed cases that are given to us from MDHHS. That is why we ask all of you to please continue to follow the Governor's executive orders and "Stay at Home" unless absolutely necessary. If you must venture out to pick up critical supplies, please limit this to one person. Thank you for doing our part to help stop the spread of COVID-19.

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