

District Health Department No. 4

For Immediate Release

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Administrative Services
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District Health Department No. 4 COVID 19 Update

✓DHD4 would like to share what goes on behind the scenes once positive test results are received. There are 4 critical steps in preventing the spread of disease: testing, isolation, contact tracing, and quarantine; and they are all essential. If any one of these steps are missing, the virus can continue to spread. It's old-fashioned public health, but it works. It's hard work and very labor intensive.

✓Contact tracing is important because it has the ability to stop an outbreak in its tracks. To give an idea of the tireless work being done by the dedicated DHD4 staff, more than 500 staff hours have been spent on contact tracing since DHD4 was notified of its first case, March 29, 2020. To see the full release and local contact tracing data visit www.dhd4.org/covid19 in the News Release section.

✓Resources to support the emotional well-being of the Healthcare Workforce are available. Many frontline healthcare workers are experiencing increased levels of stress, anxiety, depression and insomnia. Additionally, healthcare workers must also support the heightened emotional needs of their patients during this outbreak. If increased stress becomes overwhelming, please consider reaching out to the COVID-19 Crisis Hotline, which is an anonymous way to seek emotional support, specifically for healthcare providers working in extreme stress circumstances. COVID-19 Crisis Hotline – For Healthcare Professionals: 1-888-910-1636 available Monday – Saturday 5:00 AM – 9:00 PM. To view these resources, visit www.dhd4.org/covid19 in the Guidance section

✓The Michigan Association of Preventive Medicine and Public Health Physicians released April 23, 2020 a statement on COVID-19 Antibody Testing for Immunity and Return-to-Work Decisions. To view the statement, visit www.dhd4.org/covid19 in the General information section.

✓The first confirmed cases of COVID-19 in two pet cats in the US was announced on Wednesday, April 22, 2020. Both had mild respiratory illness and are expected to make a full recovery. For more information visit <https://www.cdc.gov/media/releases/2020/s0422-covid-19-cats-NYC.html>

✓DHD4 has responded with daily updates since the beginning of April to keep our residents informed. Since then, we have continued to adapt to meet the information needs of our residents, and we developed our COVID-19 Data Dashboard. At this time, we will begin sending formal COVID-19 updates on Mondays, Wednesdays and Fridays only. Additional press releases will be shared if a pertinent issue arises. We are reducing the frequency of formal COVID-19 updates, but please visit our COVID-19 Data Dashboard and our Facebook page for continued COVID 19 information.

As of 2:00 pm, 4/24/2020:

*13 new Cases to report- 11 Alpena, 1 Cheboygan, 1 Montmorency; 1 new death-Alpena
Alpena-60, 2 death
Cheboygan-16, 1 death
Montmorency-6
Presque Isle-9*

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