

# District Health Department No. 4



For Immediate Release  
Date: April 1, 2020  
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## District Health Department No. 4 Reports Second Positive COVID -19 Case

District Health Department No 4 (DHD4) is reporting the second positive case for coronavirus disease 2019 (COVID-19) from a resident of Cheboygan County.

The Health Department has been diligently working with the individual, a hospitalized adult male who is stable and recovering, to identify and contact anyone potentially exposed and will monitor them for symptoms. Additional information and guidance will be announced as soon as possible at [www.dhd4.org](http://www.dhd4.org) or at <https://www.facebook.com/District-Health-Department-4-423783711157008>

Medical Director, Dr. Josh Meyerson stated, “We are hoping that this individual has a complete recovery. We are beginning to see evidence of community spread and therefore, the importance of prevention measures such as hand washing, covering coughs and sneezes and social distancing is clear”

Prevention measures include:

- **Cleaning your hands often. Scrubbing with soap for at least 20 seconds. Using hand sanitizer if you cannot wash.**
- **Avoiding close contact with people who are sick.**
- **Staying home when you are sick**, except to get medical care. Call ahead before going to your healthcare provider.
- **Covering your cough or sneeze** with a tissue, then throwing the tissue in the trash. Immediately wash your hands.
- **Cleaning and disinfecting frequently-touched surfaces.**

Denise Bryan, Health Officer for DHD4, states “As the number of cases of COVID19 (Coronavirus) continues to grow within the DHD4 jurisdiction, we must take it upon ourselves to follow the Governor’s Executive Order of Stay Home, Stay Safe. In addition, I urge citizens to obtain information about COVID-19 from reputable sources such as:

- [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)
- [www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus)
- [www.dhd4.org/coronavirus-19-information](http://www.dhd4.org/coronavirus-19-information)

COVID-19 symptoms may appear in as few as two days or as long as 14 days after exposure to the virus. Symptoms include fever, cough and shortness of breath. If you feel well, you do not need to be tested. Mildly ill people are encouraged to stay home and contact their healthcare provider by phone for guidance.

Based upon the increase in COVID-19 cases statewide, DHD4 urges our community to continue to be cooperative with the recommendations to keep yourself and others safe. This includes following the Governor’s Executive Order 2020-21, “Stay Home, Stay Safe”, and social distancing. This will help prevent additional spread and save essential healthcare resources for those considered high risk and who may need supportive care.

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### Montmorency County

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### Presque Isle County

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[www.dhd4.org](http://www.dhd4.org)