



# Color Me Awesome 5K

**Saturday, May 18, 2019, 10:00 am  
Lakeside Park, Rogers City, MI**

Registration Fee: Adult- \$30 before April 24, \$40 after/day of  
Under 18-\$20 before April 24, \$25 after/day of

*Fee includes registration, white t-shirt, and extra color packet picked up on 5K day (registration starts at 8:30) Shirt sizes & availability are not guaranteed after April 24.*



**The Color Me Awesome 5K is a one of a kind experience that is less about speed and more about celebrating the hard work and accomplishments of our Girls on the Run Sunrise Side participants while becoming a human canvas.**



- \* This is not a timed event. Run, walk, and have fun!
- \* Please No strollers or dogs.
- \* Color is food & cosmetic grade cornstarch and is 100% natural and safe.

*Sunglasses or bandanas may be used if you would like to keep powder from entering eyes/mouth even though completely safe.*

**A BIG Thank You to our local sponsors:**

**Chemical Bank \* Churchill Classic Trail Run \* Community Foundation of NE MI  
District Health Dept #4 \* MBank \* NE MI Women's Giving Circle \* PIE & G  
United Way of NE MI \* Zonta Club of Alpena Tri-County Area**

**Alcona Health Center \* Bay Athletic Club \* Calcite Credit Union \* Pepsi \* \* Wolverine State Credit Union  
City of Rogers City**

**National 5K Sponsors:**



Send form and fee to: **DHD4/GOTR Sunrise Side 5K, 100 Woods Circle, Suite 200, Alpena, MI 49707**

----- GOTR 5K Registration Form -----

**Print clearly**

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone#: \_\_\_\_\_

Email: \_\_\_\_\_

Circle t-shirt size: YL AS AM AL XL XXL

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Waiver: I understand that I or my child is participating at our own risks. I assume all risks for me/my child. I and anyone entitled to act on my behalf, waive and release Girls on the Run Sunrise Side, District Health Department #4 and the City of Rogers City and all sponsors, their representatives and successors for all claims or liabilities of any kind arising out of my participation in this event. I also acknowledge that me or my child may be photographed during the event and Girls on the Run Sunrise Side reserves the right to use all photos.

<input type="checkbox"/> Check	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>There will be a small card convenience fee charged -up to \$1.75</i>				
Card Number _____		Exp. Date _____ Card Holder Name _____		
Security Code _____		Signature _____		
Make Checks payable to: GOTR Sunrise Side/DHD#4			Amount Paid \$ _____ Non-refundable	

Participant's signature (parent/guardian if under 18) \_\_\_\_\_

\_\_\_\_\_ Date