

District Health Department #4

100 Woods Circle, Suite 200
Alpena, MI 49707
(989) 356-4507 or 1-800-221-0294
www.dhd4.org



For Media Contact Only:

Cathy Goike
cgoike@dhd4.org
(989) 358-7970

**For Immediate Release
June 20, 2018**

National HIV Testing Day is June 27, 2018

In honor of National HIV Testing Day, District Health Department No. 4 will offer FREE confidential, and/or anonymous HIV testing on June 27th on from 8:30-11:30 and 1:00-3:30 pm at our Alpena office. **No appointment necessary.** HIV testing is also available at the other DHD4 offices by appointment.

National HIV Testing Day is a reminder to get the facts, get tested, get involved and to take care of yourself and your partner. There is only one way to know if you are infected or not and that is to get tested. The rapid HIV test, with a simple finger poke, will provide HIV results in 30 minutes and can detect the HIV virus 14-15 days after infection.

Dr. Joshua Meyerson, Medical Director for DHD4 states “As an agency, we encourage everyone from 13 to 63 years of age to be tested at least once in their lifetime. Additionally, those who engage in risky behaviors should be tested on a regular basis.”

Knowing your HIV status is important for overall health and well-being. A person with HIV can look and feel healthy and still infect others. Anyone who ever had sex without a condom might have been exposed to HIV. The same is true of anyone who ever injected drugs or had sex with someone who injected drugs. DHD4 service area has been identified as high risk for rapid HIV transmission, due to acute Hepatitis C infections and increased prescription and IV drug abuse.

District Health Department No. 4 serves Alpena, Cheboygan, Montmorency and Presque Isle counties since 1930. Our mission is to promote and protect the health of people and the communities where we live, learn, work and play.

###

Cheboygan County
Doris E. Reid Center
825 S. Huron St., Suite 1
Cheboygan, MI 49721
(231) 627-8850
Fax (231) 627-9466

Montmorency County
P.O Box 183
12519 State St.
Atlanta, MI 49709
(989) 785-4428
Fax (989)785-2217

Presque Isle County
106 E. Huron St.
Suite A
Rogers City, MI 49779
(989) 734-4723
Fax (989) 734-3866