

WIC Qualifying Medical Conditions

The new food package for clients with qualifying conditions provides a unique opportunity to coordinate better services for WIC clients. Not only does it improve communication between the health care provider and WIC staff, it also ensures the best possible food package for clients, considering their medical conditions.

Why Qualifying Conditions?

When client's specific qualifying conditions are identified with medical documentation, it ensures the appropriate food package is issued. Clients with conditions which do not qualify can be better served by a maximum food package or a customized food package and receive the best nutritional value for their medical condition.

What are the Qualify Conditions and Non-Qualifying Conditions?

Below is a table which lists qualifying conditions and non-qualifying conditions for infants, children and women.

| Client Category | Qualifying Conditions (include but are not limited to) | Non-Qualifying Conditions |
|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Infants | Premature birth Low birth weight Failure to thrive Inborn errors of metabolism and metabolic disorders Gastrointestinal disorders Malabsorption syndromes Immune system disorders Severe food allergies requiring an elemental formula Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the client's nutritional status | Non-specific formula or food intolerance Diagnosed formula intolerance or food allergy to lactose, sucrose, milk protein or soy protein that does not require use of an exempt infant formula Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition |

| Client Category | Qualifying Conditions (include but are not limited to) | Non-Qualifying Conditions |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Children (1-4 years) | <p>Premature birth</p> <p>Low birth weight</p> <p>Failure to thrive</p> <p>Inborn errors of metabolism and metabolic disorders</p> <p>Gastrointestinal disorders</p> <p>Malabsorption syndromes</p> <p>Immune system disorders</p> <p>Severe food allergies requiring an elemental formula</p> <p>Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the client's nutritional status</p> | <p>Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages</p> <p>Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition</p> |
| Women | <p>Inborn errors of metabolism and metabolic disorders</p> <p>Gastrointestinal disorders</p> <p>Malabsorption syndromes</p> <p>Immune system disorders</p> <p>Severe food allergies requiring an elemental formula</p> <p>Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the client's nutritional status</p> | <p>Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages</p> <p>Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition</p> |